

PRE TRIP INFORMATION PACK

Sunday 9th - Saturday 15th July
Summer Ski Camp
Les Deux Alpes



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INTRODUCTION

We are delighted to announce our first ever Summer Ski Camp. Over the past 12 years of running our Winter event, we have seen school's ski racing go from strength to strength. There are now more pupils than ever giving racing a go, as well as competing to a high level.

With this increase in participation comes a greater demand for more race events on the calendar. Les Deux Alpes has a thriving Summer race scene, and we are very excited to be offering a Summer programme here, so support our December event.

In the spirit of our Winter programme the package is fully inclusive with flights, transfers, full board accommodation, 6 morning's skiing as well as a host of Summer alpine activities to enjoy.

The mountains in the Summer are a beautiful environment, and we plan to encapsulate a truly unique Summer mountain experience for all involved.

See you out there!

Linley Lewis

Ticket to Ride Founder and Event Director



EVENT OVERVIEW

Where

Held in Les Deux Alpes, a beautiful year round French resort boasting Europe's largest glacier, with skiing available from 2900 to 3600 metres.

When

Sunday 9th - Saturday 15th July

What

Our Summer camp is a fantastic opportunity for schools to offer pupils a hassle-free training camp abroad, or a more relaxed Summer mountain ski trip. Held in Europe's premiere Summertime glacier it's a great way for any keen racers to get some out of season racing and training, and a fantastic opportunity for any aspiring ski racers to give the sport a go in a relaxed environment.

The camp runs for 6 nights, with 6 morning race training and competing, with afternoon's spent enjoying the Summer alpine activities.

Who

Our Winter event brings 200 pupils from a broad range of schools, we are expecting 100 pupils to join our Summer event.

Event Management

The camp is managed by Ticket to Ride. We run the Independent Schools Ski and Snowboard Championships (held in December each year), and are the leading provider of instructor courses worldwide (ski, snowboard, and surf). We are ABTA members, and hold an ATOL license, and are there each step of the way to provide pre-departure support through our experienced team members.

Competition

Senior, and Junior Giant Slalom, and Individual Slalom. With individual and team prizes up for grabs.



WEEK OVERVIEW

The below gives a brief overview of the week:

Sunday 9th July - Fly to GVA, transfer to Les Deux Alpes
Monday 10th July - 4 Hours Ski Race Training
Tuesday 11th July - 4 Hours Ski Race Training
Wednesday 12th July - 4 Hours Ski Race Training
Thursday 13th July - Giant Slalom Race Day
Friday 14th July - Slalom Race Day, and Parallel Slalom
Saturday 15th July - Ski Lessons in the morning - Depart after lunch

Ski and Snowboard Programme

All pupils will be taught on an 8:1 basis, organised by ability and school groups.

The training will be conducted by experienced Italian coaches, and will include a lot of gate training.

Impulse

We've also partnered with Impulse, a specialist UK race training organisation to offer more specific training on the mountain for those interested.

Previous Ski Racing Experience

Race experience is NOT required

SAFETY

Trip safety is at the forefront of our operations and we will provide all supporting documentation and risk assessments to meet school requirements.



PRIZE CATEGORIES

This event is a race camp, and not a championships, and we do want to emphasise a more relaxed nature to the competitive elements of the week, however competition is part of the sport, and we will be rewarding prizes to the winning pupils.

GIANT SLALOM

Open Senior Boys, and Girls (U18 & below)

Open Juniors Boys and Girls (U12 & below).

Boys and Girls individual prizes for age categories U9, U12, U14, U16, U18 - 1st, 2nd, 3rd

TEAM:

Boys Senior Team - 1st, 2nd, 3rd Girls Senior Team - 1st, 2nd, 3rd Boys Junior Team - 1st, 2nd, 3rd Girls Junior Team - 1st, 2nd, 3rd

SLALOM INDIVIDUAL

Open Senior Boys, and Girls - (U18 & below)

Open Juniors Boys and Girls (U12 & below).

Boys and Girls individual prizes for age categories U9, U12, U14, U16, U18 - 1st, 2nd, 3rd

TEAM:

Boys Senior Team - 1st, 2nd, 3rd

Girls Senior Team - 1st, 2nd, 3rd

Boys Junior Team - 1st, 2nd, 3rd

Girls Junior Team - 1st, 2nd, 3rd

PARALLEL SLALOM:

Open Team - 1st, 2nd

Plate - 1st, 2nd*

Juniors - 1st, 2nd

* Number dependent

Age Categories

U18 - Born between 1st January 1998 & 31st December 1999

U16 - Born between 1st January 2000 & 31st December 2002



U12 - Born between 1st January 2003 & 31st December 2004

U9 - Born between 1st January 2005 & 31st December 2006

Senior Teams - U18

Junior Teams - U12



OFF SNOW PROGRAMME

Afternoons

Every afternoon we will be taking part in:

- Swimming
- Archery
- Alpine Walks
- Beach Volleyball
- Football
- There will also the option to go Mountain Biking, at a sur-charge

Evenings

We will include a night's bowling, evening quiz, and movie nights, as well as a closing prize giving evening. We'll be starting early each day, so are expecting early nights!

Average Day

Below is an approximate timeline of a Typical Day

07.00 - 08.00	Breakfast
08.00	Lift up to the Glacier
8.30 - 12.30	Skiing
13.30	Lunch in the Hotel
14.30 - 17.30	Afternoon Activities
18.00	Evening meal
19.00 - 21.00	Evening Activities
21.00	Bed

PHOTOS AND VIDEOS

We'll be taking a selection of photos and videos over the week which will be available for friends and family back home, and available to download upon return.



FLIGHTS AND CARRIAGE

Flights are included as standard, and we generally aim to to arrange flights from your nearest airport.

We will have outbound flights from:

- London Gatwick
- London Luton
- Bristol
- Aberdeen

All flights are to Geneva

Carriage or Rental

As part of the package we include ski carriage, or a full rental pack for your pupils (and teachers).



RESORT INFORMATION

The Les Deux Alpes ski area is located on the 120 hectare glacier and ranges from 2900 metres up to 3600 metres which makes it one of the largest European summer skiing spots.

The summer ski area features one of the best summer parks in the Alps featuring a superpipe, air bag and host of rails, tables and freestyle modules. The snowpark is accessed by two ski lifts for a shorter waiting time.



In all the Les Deux Alpes summer ski area is comprised of:

Snowpark

 $1\,Red\,run,\,9\,Blue\,runs,\,1\,Green\,run$

2 Chair lifts, 8 tow lifts, 2 gondolas, 1 cable car, 2 drag lifts, 1 funicular & an elevator

Opening times: 07:00 - 12:30 every day of the week (subject to weather conditions).



ACCOMMODATION

Schools are centrally accommodated in a selection of hotels in close proximity in the centre of Les Deux Alpes.

Hotel La Belle Etoile

This charming hotel is under Italian management and is the perfect hotel for school trips. Enrica and her team are some of the most welcoming hosts we've ever met and they serve delicious meals to boot. Each bedroom contains a TV, storage space and a private bathroom. While the hotel itself boasts an outdoor swimming pool, reading room, meeting room, bar, pool table, solarium terrace, fitness room, and a jacuzzi (for staff only).

Hotel Aalborg

Situated right next to the foot of the mountain side the Aalborg is a fully serviced hotel. Operated by Neilsen in the Winter, it is operated by our Italian partners during the Summer, a short walk to the ski lifts it has full facilities on site sun terrace, sauna and treatment room, bar, and restaurant.

Food

A continental daily buffet breakfast is provided including meats, cheeses, freshly baked croissants, bread and a selection of cereals. A hot buffet lunch will be served in the hotel after your

Each evening a minimum of three courses will be served. This a fantastic opportunity for students to enjoy a well balanced diet, replenish their energy after a hard day's skiing and socialise with their peers in resort.

Resort Staff

The Ticket to Ride Team are there to support you from your initial enquiry, right up until your last pupil has passed through security gates back in the UK.

We have representatives on all flights, and have both male and female support staff in resort to ensure a smooth few days for both pupils and teachers.



Travel Insurance

Travel insurance is NOT included as part of the package, and is a prerequisite for all competitors.

MPI Brokers are insurance specialists in ski and travel and an event sponsor. They provide an extremely thorough insurance option for schools, so please feel free to get a quote from them by visiting mpibrokers.com/ticket-to-ride-schools or call on 01428 664265.

TESTIMONIALS

Whilst 2017 will be the first year of the event we have been running the Independents Schools Ski Championships since 2005, and here are a few example testimonials.

"We thoroughly enjoyed the event and everyone's company. I think it was a unique experience for all of us; we haven't been on tours or EC visits where we really got to know staff from other schools, and our pupils got to mix with other

pupils before. We all felt like we were welcomed into the fold and given help and advice at every turn. I think once we tell everyone back here how it went (and how well organised it was), and the other kids see the video footage (especially at our Prep Schools) we will be able to attract plenty of interest for next year." SIMON NORRIS - LANCING COLLEGE

I wanted to write to say a huge thank you for the brilliant trip in Les Deux Alpes. I was very impressed with the trip organisation from start to finish and we really felt very well looked after. Your whole team were outstanding, and from being involved in various sports over the years, the ski racing was one of the most exciting events I have ever witnessed! I've also done a number of ski trips, and this one was by far the most relaxing and fun.

GRAHAM BAILY - BLUNDELL'S SCHOOL

"We've been coming every year, it is a great way to start the season, and it is just really well run!"

JON CHESWORTH - KINGS COLLEGE WIMBLEDON



PRICING

Fly out - 9th July Fly back - 15th July

- 6 days skiing (mix is training and competing)
- Full Board Accommodation
- Ski Hire / Carriage
- Ski Pass

TOTAL - £975

WHAT'S INCLUDED

Pre-Departure Support:

- Support including a personal visit from a Ticket to Ride advisor if required
- Presentation to help generate interest for the trip
- Marketing & promotional literature
- E-mail and phone support from your Ticket to Ride trip co-ordinator
- Guidance on Risk Assessments

Trip Inclusions:

- Return flights from the UK Return overseas transfers
- 6 days of skiing (4 hrs per day, maximum of 8 per group)
- Ski Hire (or return ski carriage from your school)
- 6 days full area lift pass
- 6 nights full board accommodation in multi-bed rooms (breakfast, lunch, supper all included)
- Prize Giving Ceremony
- Apres-ski & evening entertainment (see Overview for more detail)
- In-resort support service Event Hoody
- Photos and videos of the week



Party Leader Benefits:

• Free places for Party Leaders (1 free place per 8 full paying passengers and includes teachers sharing at 2-3 per room. Single supplement available and subject to availability).

WHAT'S EXTRA AND NOT INCLUDED?

- Pupils should have lunch money for arrival day
- Travel Insurance

Additional Teachers or Site Inspections:

Teachers over and above the complimentary 8:1 ratio will be charged £595pp or a pro-rata to the amount of pupils short of the complimentary quote (whichever is cheaper.) Any schools wishing to join on a site inspection for future years are welcome, at the same rate.

Pre-Event Timetable

- Easter Term Schools to register interest, deposits tone paid
- Summer Term All deposits and trip balances paid

Payment Schedule

- £320 Deposit Easter Term
- £655 Balance Due beginning of Summer Term



FURTHER DETAILS

Booking Terms and Conditions:

BOOKING:

Each school is expected to fill 8 places minimum, however the more you can bring the better! If you are not able to get 8 then please let us know, and we will do our best to accommodate your team.

There are no specific requirements for the amount of snowboarders and skiers, or number of girls/boys though we would like to place emphasis on the ISSSC being co-ed. If you believe it is going to be difficult to fill spaces then we will aim to combine your school with another if appropriate, or do our best to accommodate you regardless. If this applies to your school, please discuss this with us as soon as possible.

DEPOSITS AND SCHEDULES:

All deposits are strictly non refundable. Please make this clear to all party members. After receipt of first deposits of £320 per person, we ask for second deposits of £425 per person four weeks later.

The final balance of the trip is due at least 12 weeks prior to departure. We ask that these schedules are strictly adhered to. Ticket to Ride reserves the right to pass on to the client additional costs incurred through late receipt of deposits. We accept payment via bank transfer, or cheque payment. Please make sure all cheques are payable to "Ticket to Ride". Ticket to Ride also requests you send one cheque from the school and not multiple cheques from parents.

ACCOMMODATION:

We aim to provide high standards of food and accommodation for all our school groups. All rooms for students are en-suite and multi-bedded. We will aim to provide twin rooms for staff places at no additional cost; however, this is subject to availability and gender breakdown of the staff. Single rooms are charged at a supplement on request and are subject to availability. The standard of accommodation does vary from hotel to hotel, but our minimum standard is 2^* .

FREE STAFF PLACES:

We are providing a 1:8 free place ratio for your tour, which includes shared accommodation for the teachers. Free places are based on group numbers divisible by the ratio, e.g. 8 or 10 paying passengers. Should your group size decrease through any cause we reserve the right to limit the free places in accordance with that group size. We will aim to help our clients in any way to retain group numbers and



staff places. Pro rata rates can be supplied for free places if required.

GENERAL:

The detailed rules for ski racing are complex and not easy to follow especially for novice competitors. Team Captains should know the rules and would find it helpful to read the Federation International du Ski - International Competition Rules. These rules can be found at GBski.com.

TEAM CAPTAINS:

Team Captains MUST attend the Team Captains brief, held each evening in the hotel, in order to receive a briefing from the Race Officials, participate in the race draw and provide the race order for their team(s). They are responsible for ensuring that their team(s) are properly briefed regarding the simplified rules set out below and to ensure that their team(s) know the timings for the race (e.g. course inspection, race start time etc.).

TEAM SELECTION:

Teams, in racer starting order, MUST be submitted after the FIRST day of training. There are no circumstances in which the teams can be changed after this, in the event of an injured rider in training the team will have to race with 1 less.

TEAM SIZES:

Giant Slalom and Slalom - Minimum of 6 in a team, with the 4 fastest times counting.

Parallel Slalom - Likely to be 6 in a team however final numbers per team will be confirmed at meeting, as it may be suitable to have 5 in a team to ensure an even split of racers, and allow each competitor to race in a team.

JUNIORS:

Any racers born in 2005 will automatically be entered into the Junior Division.

BIBS:

Bib numbers are allocated to competitors as a result of the draw which takes place at the Team Captain's meeting. They must be worn by all competitors during the race (and when inspecting the course) and must not be exchanged with another competitor. Bibs will be given to competitors by their Team Captains, in the finish or start area or as decided at the Team Captain's meeting.

PERSONAL EQUIPMENT:



Competitors must be correctly attired at the start by wearing full clothing (shorts, short sleeves, sunglasses, IPOD/Walkman, rucksacks etc. will not be allowed). Ski goggles MUST be worn, if spectacles have to be worn, goggles MUST be worn on top. Competitors MUST wear a helmet designed for ski racing and skis fitted with brakes (ankle straps are NOT acceptable).

SLALOM AND PARALLEL SLALOM:

The start order drawn as an "Individual Racing Draw". There will be no seeding to the racers. The order will be reversed in the second run. There will be no adjustment to the order dependent on first run times.

PARALLEL SLALOM RACE ORDER:

We adopt a "fencing pools system" where everyone races everyone in their pool. This will generated a pool order, with the top teams going through into the knockout. The bottom teams will then go through to a "plate" if we have the capacity. If the result of the pool race was a draw, a ski off will be conducted. If more than two teams have equal points, a round robin will be conducted.

COURSE INSPECTIONS:

The time of course inspections will be announced together with the mode of inspection. The mode of inspection must be adhered to by competitors, infringements will attract an official warning and repeated breaches may result in disqualification. Course inspection is strongly recommended! Shadowing any part of the course is not permitted and, if in any doubt, ask one of the Race Officials. Skiers must "slide" the course, and not ski it at full pace.

THE START:

Competitors must arrive at the start in plenty of time and will be called forward by bib number. Competitors arriving at the start too late to start in their race order will normally be allowed a provisional run and the Race Officials will decide whether the run will count on completion of the race. When the competitor is positioned in the start gate, the Start Referee will call 10 seconds, then 5, 4, 3, 2, 1, and Go. The competitor must start within the 10 second period between the 5 seconds announcement and 5 seconds after the Go, or be disqualified. This sequence applies to the Giant Slalom only, for the Slalom the Start Referee will ask the competitor "Ready" then order "Go". The competitor must start within 10 seconds of this order. Although the above describes how the start should be conducted, competitors must be briefed to follow the instructions of the Starter. For the Parallel Slalom, the No.1 competitors in each team will start after a "3, 2, 1, Go" and each subsequent competitor with the dropping of a flag at the finish on their side of the course.



GATES:

For the Parallel Slalom (PS) two virtually identical courses will be set and gates will consist of a single pole, red for one course and blue for the other. Teams will be drawn to compete on each course. Juniors will race on "stubbie" gates.

PASSING OF GATES:

Gates are formed by at least two poles with an imaginary line between them. The competitor passes the gate correctly when both ski tips AND both feet have passed over the imaginary line. If a competitor loses a ski without fault (e.g. without straddling a gate) s/he may continue on one ski. If a gate is not passed correctly, a competitor may go back up the hill to pass the gate correctly (in either direction). Groups of gates have a Gate Judge and, if in doubt, the competitor should ask whether the gate was passed correctly. The Gate Judge will reply with "Go on" or "Go back up" or words to that effect. If a competitor misses a gate s/he no longer has the right to continue down the course and must either go back to the missed gate or ski out of the course. In the GS and SL, a competitor abandoning the course must descend via the side of the course AND NOT SKI THROUGH THE FINISH. For the Parallel Slalom, abandoning the course should not be an option as 1 point is awarded to a team that finishes second but was not disqualified.

ASSISTANCE TO COMPETITORS:

Competitors must not be assisted by anyone whilst negotiating the course. In Alpine racing, a competitor is normally subject to immediate disqualification should this occur. For the Independent Schools Championships the Race Officials will be flexible, particularly if the assistance is from one of the ESF gatekeepers or course maintainers.

THE FINISH:

The finish must be crossed on both skis, on one ski or with no skis in the case of a fall within the finish area (i.e. between the last gate and the finish line) and where the momentum carries the competitor through the finish. Assisted momentum e.g. crawling, rolling, walking, running may result in disqualification. For safety reasons, competitors must clear the finish area as soon as they have completed their run.

RE-RUNS

A provisional re-run will normally be awarded to competitors who are obstructed (e.g. by another competitor, official, broken pole, equipment etc). The procedure to be followed is:

- 1. Leave the course immediately
- 2. Ski down the side of the course and NOT through the finish



- 3. Report to a Race Official and request a re-run
- 4. If granted, report immediately to the Start Referee

IF A COMPETITOR IS OBSTRUCTED BUT CONTINUES WITH THE RUN, A RE-RUN WILL NOT BE GIVEN AS THE COMPETITOR IS DEEMED TO HAVE ACCEPTED THE OBSTRUCTION

On completion of the run the Race Officials will decide whether the re-run was valid or not.

THE RESULTS

The provisional results are published on completion of each run and posted at the finish. Competitors have 15 mins to appeal and, although this would normally be accompanied by a fee, this will be waived for the Independent Schools Championships. Also for these Championships only, competitors abandoning the course or suffering disqualification on the first run, will be allowed to race in the second run for experience (but the time will not count). Competitors must at all times obey the orders of the Race Officials whose primary concern and responsibility is for the safety of all participants.

The Race Officials will at all times give the benefit of the doubt to racers when deciding penalties as described above.



SUPPORT

Please contact us in the office at any time from 9am to 6pm Monday to Friday.

We will be happy to help should you have any queries or questions in regards to the trip or booking process.

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